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Courage Project

Emilie C. Sommers
Hi everyone! My name is Emilie Sommers. I am a senior at the University of Iowa, and I created The Courage Project. I am a Printmaking and Engaged Social Innovation double major from Albuquerque, New Mexico. I absolutely love making art, teaching, cooking, weightlifting, and dogs!

The Courage Project is an eight session empowerment workshop for middle school girls that uses printmaking to develop sense of identity, connection to community, and kindness. Would you like to build a collaborative city, create a monotype “selfie” portrait, or use milk cartons to make ART?! Then the Courage Project will be a perfect fit! I cannot wait to meet you. Here are some examples of the printmaking techniques we may explore together:

For more information please contact Arts Specialist Lauren Linahon at lauren.linahon@unitedactionforyouth.org.