Healthy moms. Healthy babies. That's my goal as a board certified OB/GYN. That's my goal as a mom, friend, daughter, wife, colleague. I will always be proud of the work of the University of Iowa, and more importantly, I will always be proud of saying I was trained there. Furthermore, I will always be proud of the work done there to complete that goal of healthy moms and healthy babies. Recent data indicates that there are less than 2 practicing OB/GYNs per 10,000 females in Iowa. As a born and raised "Iowa girl," this is a daunting statistic for me to understand, much less accept. I feel privileged to be one of the 4 residents selected from well over 300-400 applications for residency at Iowa and feel even more privileged to have started my career practicing at the University of Iowa. Despite leaving the University for family and personal reasons, I continue to have the best working relationship with my colleagues who remain there. In addition, my residency classmates and former colleagues remain my dearest friends. The University of Iowa, most specifically the Women's Health Department, will always remain a special place to me. I will forever be grateful for the knowledge I learned, the support I continue to receive, and for the camaraderie that we have in support of Women's health for all of Iowa.

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