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Helen Todd: My Birthname

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They did not come to claim you back,
To make me Helen again. Mother
Watched the dry, hot streets in case they came.
This is how she found a tortoise
Crossing between cars and saved it.
It’s how she knew roof-rats raised families
In the palm tree heads. But they didn’t come—
It’s almost forty years.

I went to them. And now I know
Our name, quiet one. I believe you
Would have stayed in trigonometry and taken up
The harp. Math soothed you; music
Made you bold; and science, completely
Understanding. Wouldn’t you have collected,
Curated, in your adolescence, Mother Lode
Pyrites out of pity for their semblance
To gold? And three-leaf clovers to search
For some shy differences between them?

Knowing you myself at last—it seems you’d cut
Death in half and double everlasting life,
Quiet person named as a formality
At birth. I was not born. Only you were.