The Day I Was Older

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1. The Clock

The clock on the parlor wall, stout as a mariner’s clock, disperses the day with immaculate ticking. All night it tolls the half-hour, and the hour’s number, to sail over fathoms of sleep with resolute measure, approaching the poles and crossing the equator nightly. Warm in the dark next to your breathing, below the thousand favored stars, I feel horns of gray water heave underneath us, and the ship’s pistons pound as the voyage continues over the limited sea.

2. The News

After tending the fire, making coffee, and pouring milk for two cats, I sit with the Boston Globe in a blue chair. Each morning I read obituaries for the mean age; today I find MANUFACTURER CAMBRIDGE 53, EX-CONGRESSMAN SAUGUS 80—and I read that Emily Farr is dead, after a long illness in Oregon. Once in an old house we talked for an hour while a coalfire brightened in November twilight and wavered our shadows high on the wall, until our eyes fixed on each other. Thirty years ago.

3. The Pond

We lie by the pond on a late August afternoon as a breeze from low hills in the west stiffens water and agitates birch leaves yellowing above us. You set down your book and lift your eyes to white trunks tilting from shore. A mink scuds through ferns; an acorn tumbles. Soon we will rise and return to our daily business. You do not know that I am watching, taking pleasure in your breasts that rise and fall as you breathe. Then I see mourners gathered over the open grave.
4. The Day

For twenty years I watched as the day approached. Last night at suppertime I outlived my father, surviving the year, month, day, and hour when he lay back on a hospital bed in the guestroom, among cylinders of oxygen, lips open, nostrils fixed unquivering, pale blue. Now I have risen more mornings to frost whitening the grass, read the paper with coffee more times, and stood more times, my hand on a doorknob without opening the door. I remember dark hair, and a face almost unwrinkled.

... ...

5. The Glass

On Sunday drives I watched from the Studebaker’s backseat as her earrings swayed. Then I walked uphill beside an old man carrying buckets, among wavering ferns, under birches on an August day. From mid-morning’s tower, I looked at wheat and river cities. In the crib my daughter sighed opening her eyes; I kissed the cheek of my father dying; I learned of a death in Oregon.

You who read these words, and I who write them (I pace up and down, in a high room long ago)—let us raise glasses and touch them, as we drink this wine together.